

Befriending

in Brighton & Hove

Befriending Coalition Contact Point

01273 229005

contact@bhbefriending.org

www.bhbefriending.org

Call us:

- to find out about local befriending organisations
- to find a befriender for yourself or someone else
- to find out about becoming a volunteer befriender



***“I can’t put into words
how much befriending
has changed my life!”***