

## Our Nursing Team

Our Nursing Team include:

- Practice Nurses
- Health Care Assistants
- Phlebotomist (for blood tests).
- **PLEASE NOTE:** Advanced Nurse Practitioners (ANPs) and Nurse Practitioners (NPs) are NOT part of the nursing team and should NOT be booked for Nursing Team appointments.

## About Reviews every year with the Nursing Team

- If you have or used to have one of these conditions we will invite you to a review every year with our Nursing Team. The review will help you to stay as well as you can be.
- Please call our **Review Booking Line 01273 224685 when you are invited.**

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| Asthma   |
| Cardiovascular disease / Stroke / Heart problems / Atrial Fibrillation |
| Dementia   |
| Diabetes   |
| HIV  |
| Learning disability  |
| Problems with your lung function (COPD)                                |
| Mental illness   |

- We will contact you near your birthday.
- We may ask you to book a blood test or see a Health Care Assistant before seeing a Nurse.
- We may ask you to fill out a form or bring a sample of urine (wee).
- If you have more than one condition we may review them together.

## Other appointments to book with the Nursing Team

- Appointments marked \* can be booked Online and on our 24 hour Telephone Auto Attendant.
- For all other Nursing Team appointments it is very important to speak to a Receptionist. This is because different Nursing Team appointments need different staff and different lengths of time, and may have special instructions. **Telephone 01273 770555. Choose Option 2 (Reception), then Option 2 (Appointments).**

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| * Child Immunisation – you will receive an invitation from the surgery                            |
| * Blood tests – only book when asked to by an NHS doctor or nurse                                 |
| 12 hour Blood Pressure – only book when asked to by an NHS doctor or nurse                        |
| * Cervical Screen – you will receive an invitation from the NHS                                   |
| Contraception / Family planning including:  |
| Long lasting Contraceptive Coil (IUS and IUD)   |
| Long lasting Contraceptive Injection  |
| Long lasting Contraceptive Implant  |
| Contraceptive Pill (You do not need an appointment for a <i>repeat</i> prescription of the Pill). |
| Emergency contraception after unprotected sex   |
| Cap / Diaphragm   |
| Vaginal Ring  |
| Condoms   |
| Diabetes  |
| Wound Dressings   |
| Doppler test and Compression bandages for Legs  |

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| Ear syringe  |
| ECG-by invitation  |
| *Flu vaccine –available from September   |
| Health check (NHS) for patients over 40 – when invited   |
| Health check for newly registered patients   |
| Healthy lifestyle advice   |
| Injections & Immunisation for older children and adults (for instanceACWY, Zoladex, B12)   |
| Ring pessary change  |
| Sexual health advice – you may need to go to Sexual Health Clinic for a full Sexual Health Screen  |
| Stitch / Clip removal  |
| Stop Smoking   |
| Spirometry (lung function check) –when asked to book   |
| Travel advice and vaccinations (limited NHS service only, 6 weeks before travel). You may need to go to a Pharmacy for malaria pills and to a Private Travel Clinic for some vaccinations. |
| Vaginal swab   |