



Brighton Timetable

Contact 0800 019 1310 OR

Brighton.Info@ageukwsbh.org.uk for enquiries and to book



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Alternate Mondays 10:00am-12:00pm Coffee Morning @ Dyke Road Park Café, BN3 6EH</p>	<p>Third Tuesday of the Month 10:30am-12:00pm Coffee & Board Games @ The Grenadier, Hangleton, BN3 7LT (In Partnership with The Hangleton & Knoll Project)</p> <p>Every Tuesday 1:30pm-3:00pm Coffee Morning @ The Old Boat Community Centre, BN1 8GN</p> <p>Alternate Tuesdays 2pm – 4pm Knit & Knatter @ Waitrose, Nevill Road, Hove, BN3 7BZ</p>		<p>Second Thursday of the Month 1:30pm-3:30pm Bereavement walking group contact Mark at bereavement.service@ageukwsbh.org.uk to find out more information</p> <p>Third Thursday of the Month 1:30pm-3:30pm Bereavement Peer Support Group @ Prestonville Road, BN1 3TJ (In Partnership with The Bereavement Centre)</p>	<p>10:00am-3:30pm Dementia Daybreak Extra Care @ Possibility Place, Windlesham Avenue, BN1 3AH</p>

Let's Get Digital - Our free 'Let's Get Digital' service supports everyone 50+ wanting more confidence getting online and using digital technology. Get in touch to find out more on 0800 019 1310 or digital.inclusion@ageukwsbh.org.uk

Be sure to follow us on social media to keep up to date with all our updates and events!